## Veteran Service Officer Guidance and Assistance

#### VSO Guidance and Assistance with

- VA and SS benefits for widow, dependent, and spouse
- DOD ID Card and CHAMPVA ID Renewal
- Application for VA Compensation, increase or secondary via E-Benefits
- Casualty Assistance (Report of death to VA, DFAS, US Embassy, SS)
- Foreign Medical Program (FMP) Registration for treatment and medications for VA awarded disabilities in Panama
- VA Disability Benefit Questionnaire (DBQ) for VA claims

#### VSO Guidance and Assistance with

- TRICARE claims submission guidance and assistance
- CHAMPVA Medical Insurance application for spouse/children (for 100% permanently / disabled, non-retired veterans)
- Spouse and dependent Chapter 35 Education benefit
- VA approval packet for Panama university degrees
- Required annual SS Proof of Life based on selected last
- 4 SSN

#### VA Disability Claim Submission

There are TWO options for sending your VA disability claim application.

## Option 1 E-Benefits Premium online account

- \* VA Disability claims (new or increase)
- \* Intent to File (Locks in retroactive pay)
- \* 12 months to submit supporting documents
- \* Access to DD214, military personel file
- \* Print VA benefit letters, disability list with percentages, and VA compensation pay history
- \* Many other options

### Option 2 Via mail

- \* Must print complete packet; VA Forms, medical examinations, pictures, and any attachments
- \* Prepare a forms inventory cover sheet
- \* DHL or FEDEX to the VA Evidence Intake Center at Janesville, Wisconsin
- \* Adds time to the claim process

### Key documents for claim submission

- \* Disability Benefit Questionaires (DBQs)
- \* VA Form 21-4138, Stmt of Spt, stating that you live in the Republic of Panama
- \* VA Form 20-572 Chg Address

### Most important document for claim

\* Copy of active duty medical record to establish or prove service connection of claimed disabilities

\* Request copy of medical record with SF-180

## VA Foreign Medical Program (FMP)

- \* Must register with VA FMP to facilitate use / billing of VA disability benefits overseas
- \* ONLY VA awarded disabilities are covered overseas from 0-100%

#### ID Card Renewal

- \* Application can be done at We Care Pharmacy
- \* New ID cards received in 2-3 weeks
- \* If traveling to US, renew stateside
- \* Expired ID card stops TRICARE health benefit

#### HealthAlliance Panama Pharmacies and Clinics

1- Your Pharmacy and Clinic - PC	226-8119
2- Ocean Pharmacy and Clinic - PC	225-3926
3- Blue Pharmacy - PC	229-3963
4- Care Pharmacy - PC	270-4096
5- We Care Pharmacy2 and Clinic - Chorrera	253-5874
6- We Care Pharmacy and Clinic - David	775-7042
7- Blue Pharmacy2 and Clinic - Chitre	Pending
Hospital Brisas at Signature Plaza - PC	Pending
	. 3.13.119

#### **Contact Information**

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# Do not forget to complete the PIF

THANK YOU